

# List of 71 Spiritual Values

( Each person should aim for a Composite Blending of )

Acceptance	Forbearance	Perseverance
Affection	Forgiveness	Presence
Altruism	Fortitude	Resilience
Authenticity	Friendliness	Respect
Awe	Generosity	Reverence
Boldness	Gentleness	Righteousness
Cheerfulness	Good Will	Self-control
Cooperation	Goodness	Self-expression
Compassion	Graciousness	Self-respect
Courage	Gratitude	Service
Creativity	Honesty	Sincerity
Curiosity	Honor	Steadfastness
Delight	Hope	Sympathy
Dependability	Humility	Tenderness
Determination	Joy	Thoughtfulness
Devotion	Kindness	Tolerance
Dignity	Love	Trust
Discretion	Loyalty	Trustworthiness
Earnestness	Mercy	Truthfulness
Empathy	Nobility	Understanding
Endurance	Open-heartedness	Unselfishness
Equanimity	Openness	Valor
Fairness	Patience	Vulnerability
Faith	Peacemaking	

**These Spiritual Values are:**    1) Available to All  
2) Enacted in Relationships(People, Ideas, Concepts)  
3) Leads to Love

**(UB 92:7.5)** ...True Religion is the Devotion of the Self to the  
service of Meaningful and Supreme Values